

Flying Changes

April 2011

President's Message

Greetings Everyone!

We are on our way "C" track left. Two shows done—rated and schooling. I hope everyone who competed met their goals and even more importantly learned to improve for the next show. The weather was great for the first rated show and all went well; thank you Donald for the opportunity to compete at that level so close to home. The schooling show also went well; 32 rides and everyone seemed pleased. Thank you volunteers: DJ manager, scorer; Rena manager and scorer; Sean scorer; Jane runner; Roger warm up gate and Kate front gate. You made the show a success.

April will be busy as well. The NMDA Schooling show at Vista Sandia is April 10; Denai Meyer and Maria Davis are the managers so get your entry in or come volunteer. The NMDA Board meeting will be held on April 12th, at the 66 Din-

er—all are welcome or contact a board member to add items to the agenda. The Carol Lavelle Clinic is on April 16-17 and promises to be an event! See *Flying Changes* for application and contacts. Also note saddle fitting clinic with Ann Forrest, 23-24 April, contact Katy Lindberg. All of these are listed on the website and in *Flying Changes*.

Remember the new USEF helmet guidelines they will be enforced at all shows. We want everyone to ride and enjoy your horses for many years. We all know things can happen in a blink of an eye, why take a chance. BE SAFE AND HAVE FUN!

John

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The New Mexico Dressage Association is a United States Dressage Federation Group Member Organization (GMO) and all members are automatically USDF Group Members (GMs). For USDF Participation Membership, members must apply directly to USDF.

Calendar

April 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10 NMDA Schooling show, Vista Sandia	11	12 NMDA BOD MTG	13	14	15	16 Carol Lavelle Clinic, Cherry Tree Farm
17 Carol Lavelle Clinic, Cherry Tree Farm	18	19	20	21	22	23 Saddle Fitting Clinic, Rancho Manana
24 Saddle Fitting Clinic, Rancho Manana	25	26	27	28	29	30

May 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 AHANM USEF show at Expo, ABQ
8	9	10 NMDA BOD MTG	11	12 Zia Classic AHANM Expo, ABQ	13 Zia Classic AHANM Expo, ABQ	14 Zia Classic AHANM Expo, ABQ
15 Zia Classic AHANM Expo, ABQ	16	17	18	19	20	21
22 NMDA schooling show at Luna Rosa	23	24	25	26	27	28 USEF/USDF Horses Unlimited Dressage Challenge 1 & 2, Expo
29 USEF/USDF Horses Unlimited Dressage Challenge 1 & 2, Expo	30	31				

USDF Community News

INTRODUCTION TO THE NEW TESTS:

Dolly Hannon will do another "Intro to the 2011 Dressage Tests" and Power Point Presentation on Sunday, April 17th, 2011. The morning lecture will be at Lazy J Bar S at 3756 W. County Road 16, Loveland, CO.

Kathy Coulson will host the afternoon portion at her home and arena at 2165 E. Highway 402, Loveland, CO, 80537. Lunch will be available for purchase at Kathy's. Northern Colorado Dressage Association of the Rocky Mountain Dressage Society is very excited to help with this winning clinic. If you have any questions, please call John or Julie Haugen at 970-217-7820 or Susie Reed at 970-416-7831.

DRESSAGE FOR THE CURE AT THE PEAK - NOW AT THE COLORADO HORSE PARK!!

Colorado Springs Dressage Association is again sponsoring our annual horse show to support breast cancer victims in Colorado. We are in need of sponsors and donors to make this event a success so that we can make a difference in the lives of women undergoing treatment for breast cancer. For \$50, you can sponsor a class and help a woman with breast cancer fill her gas tank so she can make her medical appointments. For \$150, enjoy prime vendor space at the Colorado Horse Park and help a woman with breast cancer struggling to put food on the table buy groceries. For \$200, sponsor an arena and help a woman with breast cancer keep the lights and the heat on for another month. We are also accepting donations of items for our silent auction. Visit us at www.csdressage.org for a sponsor packet. This show is also a FEI Young Horse, Developing Horse, Pony and NAJYRC Qualifier.

THE RENEE ISLER DRESSAGE SUPPORT FUND

AWARDS \$5,800 TO DRESSAGE RIDERS - TWO FROM REGION 5!!

(Lincoln, Nebraska) - March 14, 2011 - The Dressage Foundation announced today that the Renee Isler Dressage Support Fund has recently provided grants to three individuals to further their dressage training and education. Liz Austin (VT), Jasmin Becker (CO), and Catherine Chamberlain (AZ) were chosen by a Selection Committee to receive financial support from Renee's Fund. Application guidelines are available at www.dressagefoundation.org. Upon receipt, the Selection Committee will review each application and make a funding determination. Applications are due at least 30 days in advance of the event, clinic, etc. For more information about The Dressage Foundation, please contact Jenny Johnson at (402) 434-8585 or visit www.dressagefoundation.org.

The Olympic Dream Program for Advanced Young Riders --funded and administered by The Dressage Foundation

The Dressage Foundation Young Rider Olympic Dream Program is ready to go for the tenth year! The concept of the program evolved as a result of former Olympian Michael Poulin's wish to offer an opportunity for gifted Young Riders to enhance their understanding of dressage theory through a European tour. The program is both funded and administered by The Dressage Foundation of which Poulin is a National Board Member.

The 2011 trip is planned so as to maximize the possibility that riders who wish to participate in the North American Junior Young Rider Championship (NAJYRC) can apply.

(continued on pg 6)

USDF Region 5 News

Spring is finally here! Show season is coming to full swing around the country and there are plenty of clinics and educational events to choose from in most areas. Please be sure to let me know if your barn, GMO, club, chapter or other groups are hosting events and we'll get them in our monthly USDF newsletter and on the Region 5 website.

The deadline for Participating Member Delegate nominations is April 15. Our region will have 5 PM delegates. You can check the status of our delegate nominees by going to the link below. Please check your status to make sure your acceptance is there if you would like to be a PM delegate candidate. If you are not listed and you

would like to be a PM delegate, please contact Kay Lorenzen at kaylorenzen@cox.net. <http://www.usdf.org/about/about-usdf/governance/nominating/accepted.asp>

As of April 1st, our potential candidates for the 2011 FEI North American Junior and Young Rider Championships will be finalized. As I write this in early March, we have 13 folks who have declared, so hopefully Region 5 will field two full teams. If you would like to contribute or help with their fundraising efforts, please contact Kathleen Donnelly, our Region 5 Jr/YR FEI coordinator at kathleendonnelly20@hotmail.com or 970-310-8729. We are looking for nominations for our 2011 Region 5 Lifetime Achievement Award.

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The Vet's Office Reprinted from Jan 2011 Update from the NM Livestock Board

Equine Piroplasmosis Update

January 3, 2011

Since testing for equine piroplasmosis was first implemented in November of 2009 Veterinary Diagnostic Services, New Mexico's state veterinary diagnostic laboratory, has tested close to 10,000 samples. There have been a total of twenty-five horses found positive on competitive enzyme-linked immunosorbant assay (C-ELISA) for the disease, each being confirmed with samples sent by regulatory veterinarians to the National Veterinary Science Laboratory in Ames, IA. All positive horses have been racing Quarter Horses except for one racing Thoroughbred, one QH from the King Ranch outbreak in Texas, and a QH roping horse. One positive horse had a newborn foal at side that was initially C-ELISA positive. Knowing that this was likely due to antibodies against the disease the foal received in her positive dam's colostrum, this foal was monitored with repeated C-ELISA testing over several months, and as its levels of maternal antibodies fell, its C-ELISA response fell to negative levels.

There are two protozoal organisms that cause equine piroplasmosis: *Babesia (Theileria) equi* and *Babesia caballi*. All of the positive horses found in New Mexico were positive for *B. equi* with the exception of the roping horse which was positive for *B. caballi*. All of the positive horses found in New Mexico were surrendered to regulatory officials for euthanasia and necropsy with the exception of the roping horse, which was enrolled in an experimental treatment program overseen by Dr. Don Knowles,

USDA veterinarian and director of the Agricultural Research Service laboratory in Pullman, WA.

A concerted effort has been made to educate the racing industry about the risk factors associated with the spread of this disease. In the natural setting this disease is spread by ticks. In our positive horses we are convinced that the spread was man-caused, through the re-use of hypodermic needles horse-to-horse, administration of blood-contaminated drugs, administration of serum or blood products harvested from infected horses, or other mechanisms that would transfer infected red blood cells from an infected horse to another horse.

Based on the detection of positive race horses through testing required by New Mexico and following New Mexico's lead, several other states are now requiring piroplasmosis testing for entry onto sanctioned racetracks and/or for entry from another state. If you plan to travel to another state with your horse you or your veterinarian should contact the State Veterinarian's Office for the state of destination to obtain their most current import requirements for horses.

Currently New Mexico has relaxed its testing requirements for horses entering New Mexico from Texas, now requiring piroplasmosis testing only for horses originating from the six high-risk counties associated with the King Ranch outbreak in south Texas (Kleberg, Jim Wells, Jim Hogg, Brooks, Nueces and Kennedy counties), and for all horses within the State or entering from any other state for the purpose of racing or training on any sanctioned racetrack in the State. ☺

Around the Barn

Barn Quest

By Dianne Fay

Possibility #1...you and your equine "family" have relocated or are planning to do so. Not having a proper facility on your own property, you have begun searching the area for *just the right place*.

Possibility #2...you are not totally satisfied with your present boarding arrangements..

Either of the above presents a multitude of considerations. If you are fortunate enough to have friends living in your new location, you could, conceivably, have got-

ten some advance advice about where to board your horse(s). All too often, we do not have such a luxury. We arrive and find that we need to do our own searching. Meanwhile, your horses are still "back there", awaiting your decision. Here, we recommend patience, do not be in a hurry!

As it happens, both of the aforementioned scenarios will require that you approach your search in the same manner. For this article, we assume that you will be looking for a Dressage barn. You may want a barn that has a resident Instructor. When visiting the various barns, ask whether Instruction is available. *(continued on page 7)*

An Inside Story—Seana Adamson Clinic

By Susan Dezavelle

Seana Adamson Sports Psychology Seminar and Clinic
Presented by: NMDA with support from the Dressage Foundation

On the weekend of February 27th and 28th, NMDA sponsored a Seminar and Clinic on Sports Psychology. The seminar was from 9 -4 on Saturday at the NMSU Albuquerque center and the Clinic was held the following day at Cherry Tree Farm. The weekend was fun and informative, although we had our challenges with the weather, overall it was a worthwhile weekend.

I first want to thank the Dressage Foundation for their generous grant. Prior to the event, NMDA applied for this grant to support our development of educational programs. We were able to meet the requirements for the Violet M. Hopkins grant available to GMOs to provide instructional programs for their members and the dressage community. The grant supports the GMOs program and does not cover all expenses, but it did allow us to charge a much lower fee to our members for the event. There are other grants available for individuals such as the Carroll Lavell Gifted Program for Adult Amateurs. Check out the Dressage Foundation website for more information:

http://www.dressagefoundation.org/Help_For_Adult_Amatuers.htm

The Seminar

The first day was in the classroom. Seana started out with some basics about Peak Performance and The Zone. Of courses most athletes are dealing mostly with their own body and she talked about that, but she also brought in the perspective of our horses. She talked about the “good” stress of Peak Performance and suggested how to get there with our horses. She encouraged us to think about a cycle of the daily work out, to push the performance to a slightly uncomfortable state, then backing off to allow recovery before again pushing again to get to the “Zone” where you get the “Peak Performance”. She suggested that this cycle can be also be used over a few days of work out, where one day may be intensive hard work, then the next may be only walking (“recovery”). This sounds very much like common sense, but it was a good reminder to be more methodical about consciously think about a training plan with your horse.

Another topic was about what goes wrong in our performances, such as losing concentration or losing it emotionally. She suggested that we all think about how we do this, things like negative thinking and how to shift it

to a more positive frame of mind. She gave us tips for each “type”, such as the “Overanalyzer” or the “Distractor”. We did some breathing exercises and she pointed out something I never really thought about before. We are always so attuned to our horses breathing and we are so glad when they blow out in relaxation. Well, guess what? The horse is just as aware of our breathing! The next day, when I rode, I tried this and when I took some deep breaths and exhaled into relaxation and horse turned his ear to listen and visibly relaxed, too! Moral of the story is that we get so focused on the horse that we forget that the horse is much more aware of us than we tend to think.

We know that good stress occurs when performing, but sometimes we are stressed with worry or fear. Seana talked about how you can talk to yourself to “negotiate” about this type of stress. Negative thinking can be counteracted by “intentional thinking” and how you phrase your inner thoughts. She talked about having a conversation with the worry or fear to understand better if it is real or imagined. In this process you can decide what you want to *intentionally* do about it – ride through it? Do something different that day like longing your horse instead? Either way, you are making a positive decision about what to do about it.

Visualization, as we may know, can be a powerful form of learning. Seana gave some really good tips on how to visualize effectively. There are different methods of visualization:

- ◆ Visualize by “watching” an excellent rider and what they do (as you are the audience)
- ◆ Visualize the excellent rider as if you are watching from the horses back
- ◆ Visualize *plus* feel the ride, pretending to be that excellent rider as if you are actually doing it.
- ◆ Visualization takes practice and can help you plan your strategy for a performance
- ◆ Apply an intentional process to each movement that you visualize: 1)the preparation of a movement, 2) the execution of it, and 3) the recovery of balance (what you do after the movement and prepare for the next one)

This is probably the most important thing I learned about visualization and preparing for a performance:

It is best to visualize when your body is feeling some kind of positive stress, such as exercise, because when you are doing it for real, you are also under stress. Your body remembers the actual

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An Inside Story—Seana Adamson Clinic (Continued from page 5)

physical state in which something was done, so if you are breathing hard when you visualize your test, it will help you more when you actually perform it later.

The last section of the Seminar dealt with the communication with the horse. We all got to share stories about how our horses and how they understand us in ways we're not always consciously aware of. It was again a good reminder about the value of being more aware of how we impact them and how we can use that to our advantage to influence their behavior and mood.

The Clinic

The Clinic the next day was held at Cherry Tree Farm. The weather did not cooperate well, with the wind whipping around like crazy. The number of spectators was understandably a bit low and we huddled in the shelter to watch. Luckily there was a PA system which helped us hear some of Seana's comments and instruction. There were 6 rides and kudos to the brave souls who rode through the wind and dust. The riders seemed to benefit from the follow up and connection from the ideas and concepts from the day before.

For many riders, Seana emphasized a relaxed open seat in order to allow aids to flow through the horse's body with more precision and efficiency. In one instance, she demonstrated how to open your pelvis and allow aids to flow through better. The difference with respect to movement and attitude of the horse was immediate and

impressive, showing us how vital a correct seat really is. For other riders Seana identified other priorities, often taking their concerns as a starting point. That sometimes translated to trying to improve the horse's gaits, refining certain dressage exercises, or effective ways to keep horse and rider focused while riding through gale force winds. Overall, her positive and encouraging attitude and her nuanced way of communicating stood out. She found constructive words for every horse and rider pair and made our efforts feel worthwhile.

The overall experience for me was positive and fun. I was struck by how Seana got us to share our ideas and experiences, so there was some connection between the attendees. She also made it very comfortable for us to express their feelings and ask questions. We received many positive comments from our members about the event and we hope to do more things like this in the future. ☺

A little bit about Seana

Seana Adamson has a Ph.D. in Counseling Psychology, and specializes in working with equestrian athletes. She is a United States Dressage Federation Gold Medalist, and has 30 years of experience teaching riding, and training horses. She teaches Sport Psychology seminars to equestrian groups nationwide, and is a dressage instructor at Franktown Meadows Equestrian Center in Carson City, Nevada. Seana has competed in the hunter-jumper world, as well as three-day eventing. Seana and her students have won numerous regional and national awards. She has produced several Grand Prix dressage and has coached students from Training level to Grand Prix.

USDF Community News (continued from page 3)

Departure will be immediately after the final selection trial for the Championships, and riders will return nearly three weeks before the Championships. Tentatively these dates have been set for June 28-July 8, 2011. The program is open to USDF Young Riders, riding at Fourth Level or above, who are 16-21 years of age. Also, 22-year-old graduates of the 2010 Advanced Young Rider Program may apply. Participation in the NAJYRC is not required.

The current plan is to visit Ingrid Klimke, Jean Belmians, Matthias Rath, Hubertus Schmidt and former American team coach, Klaus Balkenhol—depending on each trainer's availability. While traveling, the young riders will record their observations in daily journals and chronicle the events with photos and video to share with their home dressage organizations. The 2011 applications are due April 8, 2011. Candidates are encouraged to apply early and follow directions carefully. ☺

USDF Region 5 News (continued from page 3)

Lifetime Achievement Award. This award was started in 2009 by our then Regional Director Theresa Hunt and recognizes folks who have made significant contributions to dressage in our region. If you have someone you feel has made a con-

tribution to our dressage community, please send me their name and a brief nomination letter. We will award one or more recipients this year and we would love input from folks throughout the region. Please email me nominations at

slush@drgw.net. Our previous winners are Barbara Stine and Dr. Rudolf Vlatten.

Till next month!

Heather

Heather Petersen, Region 5 Director

Around the Barn (continued from pg 4)

If so, do not be bashful, ask to see the Instructor's credentials and ask about his/her experience. Call members of the local association and inquire about Instructors.

There are some barns that will board horses of various disciplines but have made arrangements to have Instructors, for those disciplines, teach at the facility. Again, you will need to verify any stated experience or Certification of the Instructor(s). It so happens that New Mexico is one of the states that does not have legally mandated State regulations that help control the quality of boarding facilities or Instructors. Here, anyone can hang a shingle to train, instruct and/or board. Be diligent when researching instructors. The foregoing also applies to the Boarding arrangements. Again, do your homework and



find out if those caring for the horses are qualified.

Here, we suggest that you make up a detailed shopping list. It is all too easy to get caught up in "a moment" and forget some very important items. You have gotten some good information from your initial sleuthing but, the following may help.....and, add any of your own needs and concerns. This is merely to help you along the way. The more you learn the longer will be your list. So, your search begins.

- Of course, you would call ahead to make an appointment. However, after the first visit, drop in at unannounced times. You might be surprised at what you learn.
- Look at the feed and hay storage areas – check the quality of the hay. Is the storage area clean and tidy? Ask about feeding times and any special needs such as supplements, medications, etc. Are the supplements kept in proper conditions?
- Is "Management" amenable to accommodating your special needs in the above area?
- Is there a Boarding contract and does it cover both you and the facility? Does it cover your special needs? A good contract is one that is fair to both parties. Be sure there is a clause that gives AMPLE notification time should either party wish to terminate the contract. Take special care in this area of your search. Keep a copy of said contract with both sets of signatures (and witness).

- Check the stalls for cleanliness and sufficient bedding.
- Is the facility neat and tidy with an air of competence and organization?
- Check for evidence of wood chewing (if stalls are wood)... is it prevalent throughout the facility or just on one or two stalls? If it is extant throughout the facility, it could be an indication of not enough feed and/or other issues.
- Do ALL of the horses appear to be content and in good flesh, not just the owners'.
- Is there a clean and secure Tack storage area?
- Is there an area for Trailer storage?
- If you do not have a trailer, is there a means of getting your horse to a Veterinarian, if necessary?
- Is transportation, to shows, available?
- What is the general "atmosphere"? Don't confuse friendliness with capability.
- Check the condition of ALL the horses.
- Ask about a Farrier if you have not already found one. And, a good stable should allow "your" Farrier to shoe on the premises.
- Are trails available? (If that is important to you)
- What are the arrangements for arena use?
- Does the stable have an arrangement with a Veterinarian for regular Immunization, parasite control and "on call" services?
- Is there an atmosphere of "The four C's"?competence, cleanliness, courtesy and caring?
- Is there a wash stall or area for this purpose?
- Is there a separate Longeing area?
- Is there a round pen (if that is important to you)?
- Is there a turnout and/or grazing area? How is it scheduled?



The facility you choose does not have to be a "show place." Often, a smaller facility will meet your requirements. In many cases, all the bells and whistles are not necessary.

In some cases, the owners have employees who do the actual barn work.

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Around the Barn *continued from pg 4*

If so, it would be to your advantage to get to the stable, at feeding time, and determine the following:

Proper feeding... is there a method of feeding according to each horse's needs or is it simply "feed everyone the same thing?"

- ⇒ TIMELY feeding...too often, there is not a strict time schedule for feeding. This can have an impact on someone with an early lesson or training session.
- ⇒ Also, irregular feeding times do not make for contented, happy horses.
- ⇒ Proper stall cleaning and sufficient bedding.
- ⇒ General handling of the horses
- ⇒ Is there an atmosphere of "caring" or is it more like,

"Hurry and get this over, so I can get out of here?"

It is a good idea to regularly tape your horse(s) and keep a log—gradual changes in weight are not noticeable and at a new facility this will help you and the barn manager to gauge feeding requirements.

In a perfect world, we would not have to consider all of the above. However, as frustrating and impossible as it all seems, there are bright spots. Do your homework and go armed with the above. If you do, you will have more than an even chance of finding just the right place. Happy hunting!☞

Show News

The show season kicks off on March 12-13 with the USEF/USDF DancNext NMDA Schooling Show at Vista Sandia, NE Albuquerque

Sunday, April 10, 2011

Judge: Michelle Baca, Show Managers: Denai Meyer and Maria Davis.

Closing Date: April 2nd

Please send all entries to Denai Meyer, 97 Calle Vadito NW, Albuquerque, NM 87120. Questions, call 505-314-4966. To get the entry forms and more details about the show, click here...

<http://www.nmdressage.net/ss/howinfo.htm>. This schooling show will offer Western Dressage classes that will follow the new USEF Rules in the 2011 Rule book.

Read about the new rules for Western dressage and the Sandia Vista location on the NMDA web site.

Up-coming NMDA events also posted on the NMDA web site – also check out the Flying Changes March Newsletter at www.nmdressage.net.



Around the World Wide Web

Horse Digest is available on the web at www.horsedigests.com—features many on-line articles from many clinicians as well as information on clinics, horse fairs, real estate, shows, etc. Show and clinic information is on those available in the Midwest.

For all the latest news and information on everything from schooling shows to clinics, classifieds to community go to the website --
www.nmdressage.net

Mise à jour—NMDA Awards Banquet

The 2010 NMDA Year-End Awards Ceremony and Awards Banquet was held on January 22, 2011 at the Tanoan Country Club, Albuquerque. The Master of Ceremonies was the out-going President, Susan Dezavelle and was ably assisted by Randi Phillips. Many members came to recognize the many achievements attained by the membership. I am providing a recap of the Awardees and a thank you to the sponsors that contributed the awards. And I finally got some of the pictures from the event!

2010 NMDA Year End Award Winners:

Schooling Show Awards

Intro AA	Champion	Brenda Edeskuty	Charlotte	70.166
	Reserve	Denai Meyer	Caballo de mi Corizon	68.667
Training AA	Champion	Barbara Becker	Wybren	70.859
	Reserve	Danny Sal Da Na	Windancer M-Iraz	70.476
Training Jr	Champion	Erin Adair	Soonaa	68.066
Training Open	Champion	Susan Reed	Rain Forseyne	66.800
	Reserve	Katrin Silva	Rowdy	63.878
1 st Level AA	Champion	Susanne Baackmann	Ghiradelli (Filou)	67.233
	Reserve	Danny Sal Da Na	Bey Sequines	64.222
1 st Level Open	Champion	Susan Reed	Rain Forseyne	67.156
2 nd Second AA	Champion	Kim Fredenburgh	D'Arcie	61.490
	Reserve	Alice Van Buren	Chrom	60.999
2 nd Level Open	Champion	Marybeth Perez Soto	Paloma	62.575

Combined Awards

Intro AA	Champion	Brenda Edeskuty	Charlotte	70.167
Training AA	Champion	Karen Bovee	Hi Handsome CCR	69.591
	Reserve	Susan Dezavelle	Galahad	67.129
Training Open	Champion	Katrin Silva	Madizen	71.467
	Reserve	Leslie Carpenter	Tobia	66.644
1st Level AA	Champion	Lisa Darling	Grandios	62.982
	Reserve	David Ramsey	Kadeeds Fortune	62.012
1st Level Open	Champion	Leslie Apfel	Bergren	70.439
	Reserve	Leslie Carpenter	Heide	68.100
2nd Level AA	Champion	Gwendolyn Suttles	Donnerwalke	65.794
	Reserve	Tuesday Goers	Vini Vidi Vici	63.078
2nd Level Open	Champion	Leslie Apfel	Zilker	67.281
3rd Level AA Champion	Maureen Baca		Cagney	57.839
3rd Level Open	Champion	Leslie Apfel	Zilker	73.148
FEI AA	Champion	Amy Glenn	Luther	61.579
FEI Open	Champion	Jose Luis Perez Soto	Vini Vidi Vici	63.597
	Reserve	Marybeth Perez Soto	Konik	61.228

2010 First Annual NMDA Volunteer Award Winners

Best Gate

John Collins
Winnie Fitch

Best Scorer (tie)

DJ Collins
Rena Haynes

"Best Show" Team Award

Luna Rosa May Show
Susan Dezavelle, Manager
Randi Phillips, Co-manager
Susan Olsen, Scribe
Tom Oler, Gate

Best Scribe

Maria Davis
Kathy Simonson, Scorer
Bonnie Schwartz, Scorer
Carol Clegg, Gate
Maggie Auld, Gate
Ann Lawrence, Gate and Reader

Best Overall (Who did the "Most")

Barbara Burkhardt



Clinic Corner



Carol Lavell Dressage Clinic Information and Registration Form

April 15th, Dinner and Discussion at the Tanoan Country Club

10801 Academy Rd Albuquerque NM 87111

Social hour 6:00 to 7:00 pm in the Acoma/Zia room followed by plated dinner. Ms. Lavell will show film of Olympic ride on Gifted and address your questions about the affairs of dressage.

Dinner: \$30 All dinner reservations due by April 5, 2011 Menu selections below.

April 16 and 17th, Dressage Clinic at Cherry Tree Farm

Cherry Tree Farm, 2315 Cherry Tree Lane SW, Albuquerque 87105

Rides begin at 8:00 am.

Lunch available on the grounds by **Bill's Bar-B-Que**

Stabling Call John Collins 505 452-0267

Please, **No dogs.**

Mundo Bravo Video, Santa Fe; **\$50** - pay to videographer on day of ride

Rides: \$200 (includes one dinner ticket and one lunch voucher) – call or e-mail for ride spot interview
\$150 second ride

Auditors: \$45

- [] Dinner @ \$30 After March 15, 2011
 [] Clinic ride @ \$200 (includes 1 dinner ticket and 1 lunch voucher)
 [] 2d ride @ \$150
 [] Auditor @ \$45 After March 15, 2011

Dinner Selections: Marinated and Grilled Flank Steak _____ Rosemary- Lemon Roast Chicken Breast
 _____ Fire-roasted Vegetable Ravioli _____

I have enclosed a check for \$ _____

(Payable to Kathleen Martin (Reference: Kari Bovee 505 220-4120))

Name _____

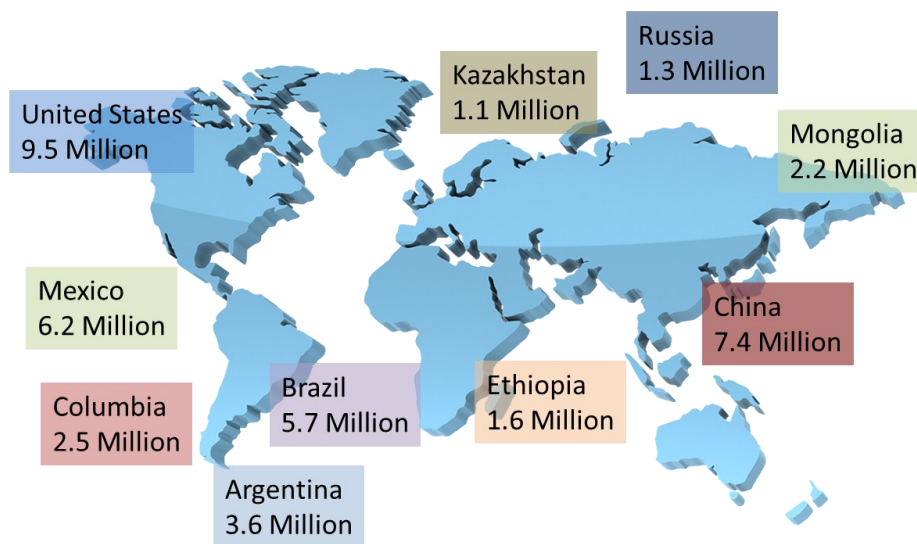
Address _____

E-mail _____ Phone _____

Return to: Kathleen Martin 8410 Yeager Dr NE Albuquerque NM 87109

Read more about clinic at www.carollavelldressagenm.com

Horse Populations Around the World



Classifieds

Stubben Tristan Dressage Saddle -- older saddle in excellent condition. New billets, 17" seat, 30.5 cm (medium-wide tree). Will include stirrups, 48" girth, and synthetic fleece pad. Tristan's are Stubben's "first and most beloved" model of dressage saddle. New they are \$2500. Start in a quality saddle that will last a lifetime rather than the cheap starter saddles. Spring steel tree. In Albuquerque South Valley near Cherry Tree and Tonaya farms. Call 505-991-3489 for additional photos or more information.

Room for one horse in Five Star retirement situation. Exceptional care in beautiful private facility. 12' x 12' stall with mats, automatic heated waterer and large attached paddock. Daily access to 20 acre pasture with another retired old mare and my two horses. Good grazing 3-5 months of the year, and lots of nibbles the rest of the year. 4-5 small feedings plus large meal at night. Will feed your supplements. I live in an apartment in the barn and I am on the premises most of the time. Shoer is Andrew Varella, Dr. Callahan is only 10 minutes away, yearly visits from a certified. \$425/month. 505.470.8404 or siviagold@yahoo.com.

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36' x 40' Barn with Power & Water – 5 Stalls & Tack Room

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\$645,000 – MLS# 698055

Classifieds

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Insight Coaching for Equestrians

Holistic Horsemanship/Classical Dressage

Experiential, Expressive Arts & Horse Assisted Personal Growth

"Out beyond ideas of right doing and wrong doing there is a field. I'll meet you there." Rumi

HORSE BOARDING

Two stalls for rent in a small private horse facility on the south end of Corrales. Box stalls with mats, pipe runs, auto-heated waters, lighted tractor groomed pipe arena and all-weather lighted round pen. Easy access to Bosque and ditch trails. Monthly rent ranges from \$250.00(self-service) to \$475.00(full service) per horse. We care for your horse just the way we care for ours with lots of TLC. Call 505-898-7298; 505-977-7064; 505-280-4680.

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Suppleness is what separates the average Dressage horse from the fabulous one. Ravel is the perfect example of this! This simple method assists your horse in reaching his MSP -- Maximum Suppleness Potential.

In order to be supple, muscles must be free of all tension. All horses accumulate tension in their muscles to one extent or another, mostly to a very large extent. Learn this simple technique to release tension from your horse's muscles. Cost is extremely reasonable. Call Sivia Gold-470-8404; siviagold@yahoo.com

ClothesHorse—Clean and repair all manner of horse clothing—horse blankets, pads, etc. Also available: custom pads and quarter sheets. Serving the Greater Albuquerque area—other areas pls call. Contact (505) 459-3298 or email: sehoirchic@gmail.com

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This spacious home with its stunning acreage would be perfect for many uses, including an organic farm, bed & breakfast, retreat center, private or community equestrian facility—the possibilities are limited only by your imagination. This prime property features: SW views, only 20 miles from Santa Fe* 5700 sq. ft. 2 story custom adobe home with 3 bedrooms (including master suite with walk-in closet), 2 full bathrooms & 2 half-bathrooms, country kitchen, fireplaces, sunroom/family room/dining-living room, fenced back yard, generous outdoor patio and portals, and attached garage*8-stall stable with individual mini-turnouts and rooms for feed and tack storage*Indoor, full-size arena with attached hay/trailer storage*13 turnouts with shelters*3 outdoor arenas*Generous well permitted by the State Engineers of New Mexico for domestic and irrigation use*145 County Road 55A,Cerrillos, NM 87010, 505.474.6113

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New Mexico Dressage
Association

NMDA Mission Statement:

The New Mexico Dressage Association (NMDA) is a nonprofit organization incorporated under the laws of New Mexico. NMDA is also a Group Member Organization of the United States Dressage Federation (USDF). The organization's purpose is to promote the understanding of dressage and to develop skill and excellence in its use, as well as encourage, promote and conduct exhibitions, shows, clinics and other events by which interested people may develop their potential as riders and train their horses to the extent of their capabilities. Privileges of membership include but are not limited to participation in the organization's activities and receiving the Handbook/Test Book, and monthly newsletter. Members also become Group Members (GM) of USDF, with all its benefits.

The Back Page

I hope everyone is enjoying the return of spring—the sunny, warm days, the annual migration of sand cranes and tumbleweeds, and the billowy clouds of horse hair.



We are also enjoying the return of the show season and congratulations to those who successfully negotiated the challenges of the first shows of the season



And as always, if you have ideas or topics you would like to see in the newsletter please drop me a line at nmdaeditor@gmail.com

