



Flying Changes

SEPTEMBER 2011

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President's Letter

Can you believe it - the summer is nearly over! We stumbled a bit in the free walk - not enough impulsion - we couldn't get enough entries for the Taos Show but everything improved at the Juan Tomas Fun Show. Believe me that was exactly what it was - a FUN show.

Maureen Baca and crew did a wonderful job and everyone had FUN. The Top Form Arena in Corrales was a suburb venue for a schooling show, and I hope the Juan Tomas Hounds had a successful event.

Well, now we are well into the test, pick up rein, prepare for trot at "C". We

have another full month with the Santa Fe Equestrian Center Show on Sept. 11, and the Bosque Rodeo Grounds Show on Sept. 25. The premiums are out for both shows so get out and into the shows, have some fun, and get some great scores. Check the NMDA website for details.

I will also send out an e-mail blast on deadlines for grant money that may be available from the Dressage Foundation so look for that to come soon. Finally, September and October are the months to get in your nominations for President, Vice President, Secretary, and Treasurer. You can send your

nominations to the nomination committee, the board member for the committee is Randi Phillips, at randiphilips@msn.com. Get your nominations in early so resumes can be distributed to the members.

Everyone have a great September and maintain the training. The championships will be here before you know it, be SAFE and have FUN!

John C.



The New Mexico Dressage Association is a United States Dressage Federation Group Member Organization (GMO) and all members are automatically USDF Group Members (GMs). For USDF Participation Membership, members must apply directly to USDF.

USDF & Region 5 News



Gold and Silver - we medal once again! Congratulations to the Region 5 Young Riders for winning Team Gold and to the Region 5 Juniors for winning Team Silver. Members of the Young Rider team were Madeleine Birch

and Uoeri, Catherine Chamberlain and Verdicci, Aylin Corapcioglu and Ruhmann, Brandi Roenick and Pretty Lady. Members of the Junior team were Taylor Hershafft and Westfalica, Taylor Lindsten and Raoul, Brook

Santangelo and Daylight, Devon Wycoff and Power Play. Brandi Roenick and Pretty Lady also took the Individual Silver medal and several of our girls finished in the top 10 individual and freestyle results. GOOD

JOB LADIES! Many thanks to our Region 5 FEI Junior/Young Rider coordinator, Kathleen Donnelly, who also was Chef d'Equipe for one of our teams and many thanks to Susan Rudman who was Chef d'Equipe for the other team.

Calendar

September 2011

Sun Mon Tue Wed Thu Fri Sat

				1	2	3
4	5	6	7	8	9	10
11	12	13 Board of Directors meeting—Location TBD	14	15	16	17
18 NMDA schooling show at Santa Fe Equestrian Center	19	20	21	22	23 Westphalian Inspection	24
25 NMDA schooling show at Bosque Rodeo Grounds	26	27	28	29	30	

Schooling Show Updates
and Rated show premiums
will be posted on the
Web—www.nmda.net

October 2011

Sun Mon Tue Wed Thu Fri Sat

						1 AHANM dressage sch show –Expo
2	3	4	5	6	7	8 (See below)
9 (See below)	10	11 Board of Direc- tors meeting. Location TBD	12	13	14	15 USEF/USDF Harvest Fling at Expo
16 USEF/USDF Harvest Fling at Expo	17	18	19	20	21	22
23	24	25	26	27	28	29
30 NMDA schooling show at Cherry Tree Farm	31					

8-9 Oct—Seana Adamson Clinic at Magic Acres

8-9 Oct—2011 Holsteiner Horse Approvals, Rancho Corazon

NMDA News

Suggestions for Clinicians being requested: The NMDA Board of Directors is considering sponsoring a nationally recognized clinician or educational event once a year, similar to what we did with the Seana Adamson Seminar and Clinic in February this year. We may allow application for a grant from the Dressage Foundation to help cover the costs. If you have any suggestions for a clinician, please contact a Board Member or Marybeth Perez Soto, NMDA Education Chair at

marybethps@gmail.com

NMDA would like to more effectively function as a resource for all of those interested in dressage in New Mexico. You can help by letting us know about the events or clinics you have planned so we can post these to the NMDA web site calendar. Aside from promoting your events, it is helpful to know what is going on in the community so that NMDA can plan events for the year and to try to avoid conflicts when possible.

Did you know that...if you are a member of NMDA and you offer a discount of some kind to NMDA members at an event you are sponsoring, NMDA will send free of charge a separate email blast regarding your event specifically or you may have a full page ad in the NMDA Flying Changes Newsletter? If you are not offering a discount to NMDA members or you are not a NMDA member there is a \$60 fee for these services.

Around the Barn—Odor Control in Paddocks

by Alayne Blickle
www.thehorse.com

by Alayne Blickle
www.thehorse.com

Especially in the summer months, odor smells in gravel or sand paddocks can get pretty intense—a real concern if you have neighbors close by. Plus, breathing ammonia is unhealthy for horses and unpleasant for us. We've noticed some odor issues at Sweet Pepper Ranch recently, so this week I thought I'd share some of my solutions with you.

Try alleviating paddock odors by simply raking or dragging the paddock to aerate footing and encourage aerobic microbes to break down organic materials.

The most important concept is to begin with healthy soils and good topography BEFORE you put down any gravel. Don't begin by dumping gravel or sand on top of a bunch of muck or in a wet area and then wonder why it

smells bad. Be absolutely certain that you have a good, even slope to the surface you are putting footing on top of. Any depressions in the underlying soils, however slight, will pool water (and urine) under the gravel, potentially causing odors.

The simplest and cheapest solution to odors may be to just drag or harrow the paddock. Doing this helps aerate the footing, allowing aerobic microbes to flourish and break down organics.

If that's not enough help, there are a variety of products that can be sprinkled on urine spots to neutralize odors. At Horses for Clean Water, we have found beneficial microorganisms to also be very useful and long-lasting. These microbial sprays contain different types of "friendly" bacteria, enzymes, and/or fungi. They come in highly concentrated solutions that can be diluted

and sprayed onto smelly paddock areas with the aid of a garden sprayer. Beneficial microbes break down ammonia and organic material that cause odors and attract flies. These safe solutions can be applied as often as odors are detected as well as before or after rainfalls. Beneficial microbial sprays are available at organic garden supply companies. The product we use is EM-1 Microbial Inoculants and can be purchased from Arbico Organics.

Microbial sprays containing "friendly" bacteria, enzymes, and/or fungi come in highly concentrated solutions that can be diluted and sprayed onto smelly paddock areas with the aid of a garden sprayer.

I've also found zeolite products to be effective. Zeolites are naturally occurring minerals found in clay that have a very porous structure. Among

"The horse moved like a dancer, which is not surprising. A horse is a beautiful animal, but it is perhaps most remarkable because it moves as if it always hears music."

-Mark Helprin

Continued on page 4

The Vet's Office—The 'Skinny' on Skin Conditions

by: Christa Lesté-Lasserre •
www.thehorse.com, February
01 2010 • Article # 15743

Dermatologic conditions in horses are notoriously difficult to diagnose and treat; thankfully, veterinary researchers are continually learning more about equine skin. Diagnosing skin diseases is probably one of the greatest challenges to handlers and veterinarians alike. With such a variety of conditions all looking so similar, it's no wonder common names like "scratches," "greasy heel," and "girth itch" have emerged. These catch-all terms sound like diagnoses, but they actually only describe the clinical signs. Determining which disease is the real cause of that "greasy heel" requires a specially trained eye and, usually, a laboratory analysis.

"Equine skin is particularly sensitive, much like human skin, so there's just no room for experimenting," says Patrick Bourdeau, DVM, PhD, Dipl.EVPC, professor and head of the parasitology, dermatology, mycology, and zoology unit at the Veterinary School of Nantes, in France. "Dermatologic problems require the right treatment from the start, and that generally means a veterinary examination."

The following are descriptions of some of the more common equine dermatologic problems, grouped according to cause.

Allergies and Immune-Mediated Problems

Allergies are a kind of immune-mediated condition, meaning that the horse's immune system overreacts to something (an "agent") in his environment. Skin inflammation, called dermatitis, can cause itching, hives, pain, and open sores—not to

mention a great deal of frustration for owners seeking the source of the problem. When home-based efforts yield no clues, a trip to the veterinary dermatologist for diagnostic testing can help.

"The number one reason for referral into our equine dermatology clinic is the investigation of allergies," says Janet Littlewood, PhD, MA, BVSc (Hons), DVR, DVD, MRCVS, an RCVS-recognized specialist in veterinary dermatology and practicing veterinary dermatologist at three equine referral clinics in the U.K. The offending agent might be something directly contacting the skin, such as fly spray, insects, weeds, or plant pollens. But it could also be something ingested: particular grains or forage, for example, or medicines (especially antibiotics and non-steroidal anti-inflammatories). The most common equine skin allergy is a reaction to the saliva of

Cont on next page

Around the Barn—

other beneficial uses, zeolites are used in industry for purposes including odor control, toxin removal and as chemical sieves. For horse owners, they can be used to bind with ammonia in urine. The pores in the zeolite minerals bind with ammonia molecules, holding onto them until naturally occurring bacteria break down and eliminate the ammonia. Zeolite is in many brands of stall deodorizer products such as Sweet PDZ, Stall Fresh, and several others. These products, which look like finely ground kitty litter,

can be purchased at feed stores. Sweet PDZ, a product I have been using for many years, comes in a powder and granular size. In some areas of the Pacific Northwest, an additional larger size (usually ½-inch pieces) called "Sweet PDZ Paddock Product" is available, which is very useful for a horse's outdoor areas.

The most effective way I have found for using Sweet PDZ is to buy several bags of the Paddock Product, three to four per paddock. I work two to three bags into the horse's "pee spot," digging down and

stirring it in well. Then, I take part of a fourth bag and sprinkle it across the top. We find this method to be quite effective and to last a long time. I hope one of these options will be useful to you. Keep me posted on what you try and let us know what works and doesn't work for you. 🐾

<http://cs.thehorse.com/blogs/smart-horse-keeping/archive/2011/08/25/odor-control-in-paddocks.aspx>

"The horse moved like a dancer, which is not surprising. A horse is a beautiful animal, but it is perhaps most remarkable because it moves as if it always hears music."

—Mark Helprin

Around the Web

Read all the news from USDF Region 5 at
<http://www.usdfregion5.org/>

HorseShow.com is inviting you to join Facebook. Once you join, you'll be able to connect with the HorseShow.com Page, along with people you care about and other things that interest you.
<http://www.horseshow.com>

Show News

It was not me Officer, it was my horse.....

Especially in the performance horse world, many horse owners have occasionally placed the blame on their horse—deservedly so or not—for an inadvertent mishap that maybe caused a few lost points, or possibly even a blue ribbon. But I'm pretty certain that not many horse owners would blame their horse for running a red light.

According to The Mirror (a UK-based newspaper): Over the weekend, a gypsy in South Yorks, England, was stopped by police after the carriage he was driving turned the wrong way down a one-way street before running a red light. When asked why the rig disregarded the red light, the driver, John Mulvenna, told police it was because his horse, Fred, was colorblind and, presumably didn't realize the light was red and not green.

As you can probably imagine, the police didn't buy Mulvenna's story ... especially after they smelled alcohol on his breath. Mulvenna was handed a 12-month conditional discharge for being drunk and in control of a horse and carriage. Let this be a warning to you all....

IMPORTANT INFORMATION ABOUT NMDA EDUCATIONAL EVENTS AND CLINICS...

Starting this month, NMDA will be sending out a monthly email reminder about all the events on the NMDA web site calendar to about 225 individuals on this email distribution who are either current or previous NMDA members. It is

our hope to promote these events, help you fill clinics and increase your auditor participation. Coming up in August and September: Sept 11 - NMDA schooling show at Santa Fe Horse Park Sept 1 - Deadline for entries for the October 8 - 9 Seana Adamson Clinic at Magic Acres All the details about these

events are on the website and you can check it regularly. Click here to visit the web site: www.nmdressage.net Luna Rosa Show results are posted on the website! With Pix! Thanks to everyone for making the show a great success. **Remember everyone that a Coggins certificate is required—remember to submit with your entry forms.**

The Vet's Office—The 'Skinny' on Skin Conditions

Culicoides midges (gnats). This sweet itch, or summer eczema, frequently leads to massive scratching, primarily of the mane and tail, causing hair loss, redness, and sometimes ulceration. Small papules or wheals might also develop. Medicines fight the clinical signs, but prevention is the real key in battling sweet itch. "Cover them in fast-acting insecticides or fly blankets," Bourdeau says. "Those are the only things that could really work." Nodular lesions with grayish-white centers, particularly along the saddle area or the sides of the body or neck, could represent what is known as equine eosinophilic granuloma. These immune-mediated manifestations seem to be the result of insect bites, trauma, and/or additional factors. Veterinarians generally treat them with local corticosteroid injections, systemic antibiotics, and occasionally surgery. Another immune-mediated disease, vasculitis, is characterized by inflamed blood vessels within the skin that cause skin irritation. Vasculitis is most commonly seen in the pasterns, but it can also occur on the lips and in the eyes (with corneal edema, or fluid swelling, for example). It starts with swelling and redness, and raw lesions soon follow, along with increased swelling. Photoactivated vasculitis occurs predominately in white legs. Swelling is minimal, but the outermost layer of skin in the lesions might turn black from necrosis. It's important to protect affected legs from sunlight. In all these situations removing the agent is the preferred treatment.

When this is not possible, or when the clinical signs continue, corticosteroids are often required. However, improper or excessive use of corticosteroids could lead to other serious problems, including laminitis. "A horse with confirmed vasculitis needs steroids," Littlewood says. "But the problems happen when people treat symptomatically without proper diagnosis." Corticosteroids also cause performance horses to test positive for drugs, even if the agent is applied topically at normal doses.

Parasites

Lice are visible to the naked eye on the horse's coat or in the mane and tail, depending on the species. Typically, horses with lice are in poor condition or already have a weakened immune system, according to Bourdeau. "We practically never see lice on healthy individuals," he says. These parasites are extremely easy to treat with repeat doses of insecticides to ensure extermination of newly hatched insects. Chorioptic mites (which cause chorioptic mange, also called leg mange) tend to live in the hair of the legs and pasterns, especially of horses with "feathers," but the disease can also move up to the lower body. These mites are microscopic in size, which makes them harder to diagnose. Clinical signs include leg-biting, rubbing against objects, and stomping feet. Topical prescription medication is usually very effective if applied according to your veterinarian's instructions. Bacterial Infections Dermatophilosis, more commonly known as rain rot or mud fever,

causes streaks of hair loss that can resemble paint brush strokes, sometimes with matted hair, oozing, and crusting. White head and leg markings are most commonly affected, especially if horses are constantly exposed to wet grazing areas. This can happen in any climate, but it's more common in tropical and subtropical regions and often worsens in the legs with age, Littlewood says. (Cont. on page 6) Move affected horses to a dry environment. Treatment includes strong antiseptics and, in severe cases, systemic antibiotics. On rare occasions, dermatophilosis has spread to human handlers. Pyoderma (or folliculitis)—frequently referred to as saddle dermatitis, tail dermatitis, or pastern dermatitis—develops when excessive sweating causes a shift in the pH balance that favors bacterial growth. Clinical signs usually include crusting, scaling, and hair loss, frequently on the chest and legs and across the back and croup. Pyoderma might be preventable through good management. "If you rinse down your horse after exercise, you're probably not going to see pyoderma," says Bourdeau. Local antiseptics are the primary treatment choice, but advanced cases frequently require systemic antibiotics to prevent further complications. Fungal Infections Dermatophytosis ("ringworm") is probably the most common fungal skin disease in horses worldwide, according to Samantha Crothers, BVMS, Dipl. ACVD, a veterinary dermatologist at the Veterinary

Clinic Corner

Ulf Wadeborn Clinic—September 3-4, 2011

Ulf Wadeborn and his partner, Lars Holmberg have been regular instructors in New Mexico, and we would like to began a series of clinics with these two excellent clinicians. Pembroke Farm riders have worked with both, and we feel they complement each other quite well. If you are interested in one, or both, please do let us know your preferences. The introductory fee is \$90 per ride. If you are interested in this clinic please Carol Reid at 505-363-4471, Or reid@pembrokefarm.com The clinic will be held in Albuquerque, NM.

About Ulf:

Ulf Wadeborn is a native of Sweden with an extensive equestrian career. With a background in Dressage and Jumping, Ulf received his formal equestrian training at Stromsholm, the Swedish National Riding School. Ulf has been a consultant for the Swedish Riding Federation and is a certified 'R' rated judge within Sweden and is a USEF 'R' rated judge. Ulf is presently competing on several clients horses, ranging from first level to Grand Prix.

About Lars:

Lars is a 30-year veteran of the equestrian industry, and trained at Stromsholm and in Germany. Lars has started and trained multiple horses through Grand Prix including winning the SWANA association Horse of Year for Intermediaire 1. In 2007 Lars was part of the USA Team to compete in the young horse Championships in Verden, Germany with his young approved Danish Stallion Mix Max.



On Friday September 23 the inspection team from the Westphalian registry will be coming to Albuquerque to brand and register young horses and to inspect mares(warmbloods or TBs) for inclusion in the Westfalen mare book. This is their first time out here in 3 years, don't miss out if you have an eligible mare or foal! Please contact Kim Fredenburgh for more information 505-877-7230 or kfred@unm.edu

Seana Adamson Clinic—October 8-9, 2011

I would like to inform you of a fantastic opportunity! Seana Adamson is coming back to Albuquerque for a 2 day clinic in October this year. Seana was here in March for a sports psychology seminar. For those of you that attended this seminar, you know how powerful her insights can be.

I rode with her in that clinic (what a windy day it was on Sunday). I was so impressed with her, that I spent 5 weeks riding with her in Nevada during May/June of this year. Seana enabled me to transform my riding.. Seana is an amazing instructor - she understands horses and people, their psychology and their training needs. She is an excellent communicator and works with each student based on their specific needs (read that she has no single formula that she applies to every rider/horse combination). If you are looking to improve your test riding/showing abilities, she has a tool box full of help for you!!!

I invite you to participate in this clinic on Oct 8-9,2011.
Gwendolyn



Clinic with Sports Psychologist and Gold Medalist
Seana Adamson
At Magic Acres in Albuquerque, NM
October 8-9, 2011

Registration is due by September 1, 2011

COST: \$150.00 per ride

AUDITOR COST: FULL Clinic \$25.00 (NMDA members \$20);
1 day \$15.00 (NMDA members \$10).

To Reserve YOUR Space Contact: Gwendolyn Suttles

Phone: 980-2012

Email: Gwendolyn.suttles@intel.com Address: 1805 33rd Street
SE, Rio Rancho, NM 87124

The Vet's Office—The 'Skinny' on Skin Conditions

Medical Teaching Hospital at the University of California, Davis. The appearance of ringworm can vary dramatically, which means it is also one of the most commonly misdiagnosed equine skin diseases. In classic situations, ringworm starts as hair loss in a localized area that slowly expands larger and larger. However, many cases are clinically difficult to distinguish from other diseases, especially bacterial infections and sarcoids, according to Stephen White, DVM, Dipl. ACVD, also a UC Davis veterinary dermatologist. Accurate diagnosis requires laboratory culture of the lesion, and it might take up to a month to grow the organism. Ringworm generally heals within a few months without treatment; however, it is uncomfortable for the horse and highly contagious to

other horses and humans. Worse, horses can remain carriers even when clinical signs have disappeared. Therefore, vets recommend treating all infected horses with antifungal medications. Tack and grooming supplies should not be shared, and all equipment and even stall walls should be disinfected to prevent spreading the fungus. Careful attention to detail is required, as fungi can remain alive on surfaces for years, Bourdeau says. Pythiosis, while technically not a fungus, is treated as such (it is technically termed a "parasitic oomycete"). Veterinarians typically see the condition only in warm or tropical climates and quite frequently the southern United States, according to Crothers. Like many skin infections, it appears as an ulcerated swelling or nodule. Pythiosis occurs

deep in the skin and can lead to severe debilitation and death, White says.

Treatment usually involves combining immunotherapy and surgery. Although not as contagious as ringworm, pythiosis is occasionally transferred from horse to handler via open sores. "We're still not certain about how to prevent pythiosis," White says, "but it's probably best to keep open sores clean and avoid standing water."

Viral Infections
Equine and bovine papillomaviruses are the most frequently spread viruses in horses. Causing both warts and tumors, they are transmitted via direct contact and perhaps through vectors, such as flies. Equine viral papillomatosis causes small, bumpy nodules, very similar to human warts, on soft parts of the

horse's skin, such as the muzzle. These harmless warts are better left alone and will resolve spontaneously within a few months.

Skin Tumors
Sarcoids are skin tumors linked to papillomavirus infection. They show up particularly in areas where horses have very little hair and thin skin and where they are most likely to sweat. The six recognized kinds of sarcoids can resemble other skin diseases, including ringworm and warts. Biopsies offer the only sure diagnosis.

While sarcoids are not life-threatening, the affected animal could eventually require euthanasia because of complications associated with the tumors, according to Josh Slater, BVSc, BVMS&S, PhD, Dipl. ECEIM, MRCVS, former president of the British Equine Veterinary

USDF & Region 5 News—*continued from page 1*

We could not have done it without you. The USDF convention is coming up quickly and it's time to book your hotel rooms, airfare and register for the convention and symposium. We are in lovely San Diego this year November 30th-December 4th. Information and registration forms for the Convention and Symposium are available at www.usdf.org/Convention/. All Group Member Organization's (GMO) were asked to designate their delegates for the USDF convention Board of Governors meeting by August 31st and if not determined by that date, the GMO president would become the delegate. If the GMO delegate/president is not able to

attend the convention, a proxy for that delegate can be submitted at any time up until the night before the BOG meeting at the convention. The advantage for the GMO is that the delegate will be known and can receive communication from the USDF office earlier. GMO Delegates are included on a list of USDF delegates to receive e-mail communications containing pertinent information on issues that will come before the 2011 BOG meeting at convention. If GMO's have not yet sent in their delegate information, please do so as soon as possible. We have received two nominations for the USDF Region 5 Life Time Achievement award and we will award

both nominees for 2011. We'll announce these recipients at the convention and present their awards to them there if they are attending. Please plan to attend the Region Meetings; we'd love to have your input. Don't forget, the Great American/USDF Region 5 Championships open September 1st and close October 3rd. Join us in Scottsdale!

Till next month!
Heather Petersen

The Vet's Office—The 'Skinny' on Skin Conditions

Association and professor of equine clinical studies at the Royal Veterinary College in the U.K. Treatment options include surgery, local chemotherapy, and local radiation, all with varying financial costs and success rates.

Melanomas primarily affect gray horses, likely because their skin has more pigment- (melanin) bearing cells. They are most frequently found under and around the tail or behind the head. Melanomas tend to spread aggressively along and under the skin and increase in bulk if not treated.

Unlike melanomas in most species, equine melanomas rarely metastasize (spread). Even so, they can become life-threatening when their mass begins to hinder normal body functioning, blocking off the anus or the esophagus, for example. Melanomas also frequently ulcerate as they increase in size.

"There really is no good treatment for melanomas," says Slater, who is the director of the college's equine referral hospital. "Really the best hope is just to catch these tumors when they're still small, as that makes them much easier to deal

tumors begin to compress nerves and blood vessels in the surrounding areas.

New Dermatologic Research Equine dermatology research is under way, advancing veterinary understanding of skin conditions and their treatment and prevention. Fungus researchers at UC Davis are investigating a yeastlike organism that might be responsible for causing horses to rub their tails, Crothers says. Meanwhile, virus researchers are studying how to send "silencing" messages into viruses to halt gene activity and, thus, stop the spread of disease, according to Lubna Nasir, MSc, PhD, professor of comparative oncology in the Faculty of Veterinary Medicine at the University of Glasgow, Scotland. Vaccine development for papillomavirus is also well under way, in hopes of preventing sarcoids and possibly even squamous cell carcinomas, according to Slater. And improved sarcoid treatment methods, including the use of imiquimod to boost the local immune system, are showing great promise in research laboratories, Littlewood says.

Take-Home Message

A horse owner should work with their veterinarian to choose an appropriate treatment plan for his or her horse's skin problems. In the meantime, there is plenty owners can do to improve their horses' dermatologic health: Feeding good quality grains and hay, properly grooming before and after exercise, using well-fitting/comfortable saddles and pads, and hosing a horse down after a workout (especially the legs if the horse wore boots) will go a long way in keeping his skin in good shape. And above all, a good handler will be observant. If a skin condition doesn't resolve within two to three days, a call to the veterinarian is not only justified, it's essential.

Classifieds

The Ride of Your Life: Coaching for Equestrians

Coaching provides an opportunity to address the “inner issues” of mental or emotional challenges, such as fear or anger when working with your horse, recovery from an accident, balancing home and horses, show jitters, student/trainer relationships, and more. See you your training will progress when these issue are not taking a hold of the bit and running you! Completely confidential coaching sessions, are available by phone or in person, with or without horse. Unsure? Experience a free 30 minute introduction. 505-231-5353 or lynn@lynnclifford.com

BRAND NEW - The Santa Fe In Synch Drill Team

Safety, fun and learning for everyone! Learn great training patterns and safely expose your horse to riding in a group in a progressive way. Focus on quality walk work initially, tempo, individual control, group cohesion, spacing (farther apart in beginning until riders and horses acquainted), communication, then the movements become more complex and trot and canter are introduced as appropriate. At the Santa Fe Equestrian Center (formerly The Horse Park) on Sunday afternoons every other week. Also by arrangement at your barn with a 4 rider minimum. \$30 - \$20 based on what you can pay w/ SFEC \$20 facility fee. Call or email for more information. 505-231-5353 or lynn@lynnclifford.com.



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Lynn Clifford, MA, EAGALA II, LPCC pending

www.lynnclifford.com or call (505) 231.5353 for more information:

- ~ The Ride of Your Life: Coaching for Equestrians NOW ACCEPTING NEW CLIENTS
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"Out beyond ideas of right doing and wrong doing there is a field. I'll meet you there." Rumi



got suppleness???

Suppleness is what separates the average Dressage horse from the fabulous one. Ravel is the perfect example of this! This simple method assists your horse in reaching his MSP - Maximum Suppleness Potential.

In order to be supple, muscles must be free of all tension. All horses accumulate tension in their muscles to one extent or another, mostly to a very large extent. Learn this simple technique to release tension from your horse's muscles. Cost is extremely reasonable. Call Sivia Gold-470-8404; siviagold@yahoo.com



HORSES FOR SALE

“D’Arcie” Lovely 2nd level school master. 13 yo. 16.2h+ registered Hanoverian mare. First level Regional champion. Qualified two years in a row for 2nd level Regionals championships. 2010 NMDA 2nd level champion. Very sweet temperament, she is an excellent confidence building horse. Good dressage home only. \$8,500.

“Fiama” elegant 9yo 16h+ branded Swedish WB mare. Also in Westphalian mare book. Former NMDA champion training level. Many high point awards at first level. Spent last year winning at A level hunter shows. Currently schooling second level. Very supple and comfortable gaits. Good energy. She is ready to win for you! \$8,500 firm.



NEW MEXICO
DRESSAGE ASSOCIATION

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NMDA Mission Statement:

The New Mexico Dressage Association (NMDA) is a nonprofit organization incorporated under the laws of New Mexico. NMDA is also a Group Member Organization of the United States Dressage Federation (USDF). The organization's purpose is to promote the understanding of dressage and to develop skill and excellence in its use, as well as encourage, promote and conduct exhibitions, shows, clinics and other events by which interested people may develop their potential as riders and train their horses to the extent of their capabilities. Privileges of membership include but are not limited to participation in the organization's activities and receiving the Handbook/Test Book, and monthly newsletter. Members also become Group Members (GM) of USDF, with all its benefits.

The Back Page

Letter to the Editor:
Normally I would write a short article after putting on a schooling show, however, since the August 7th Schooling Show at Taos Equestrian Center was canceled due to lack of entries I still want to thank everyone who would have made the show a success. First to our judge, Alexandra Sternhagen, your insights would have helped us improve our riding. Next, to the new managers of Taos Equestrian Center (TEC), Sophie & Albert Two Hawk - thanks for all your support, willingness,

and flexibility. It was exciting to work with you on your first show at TEC. To the Taos Pueblo Day School who was going to man a concession stand as a fundraiser for their student athlete fund - Thanks!. A big thanks to Lorraine Brody of Desert Wind Saddlery for donating the gift certificates for Junior, Adult Amateur, and Open High Point Awards. Of course, thanks to the few but dedicated equestriennes who sent in their entries and wanted to show off their love of the sport. And finally to my ever-ready

volunteers: Mary Madden (arena support & scribe), Betsy Wolf (gatekeeper), Sheila Richard (test reader), Andrew Cox (scribe), Jo Lynne Fenger (photographer) and Mashka Two Hawk (runner). Thanks for taking the time to support NMDA, TEC, and me! I'll let you know when the next show date is on the calendar. Sincerely,
Judy Huddleston, Show Manager

